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Effects of fish size and feeding rations on growth performance and immune responses of Waigieu sea perch (*Psammoperca waigiensis*) at juvenile stage

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Abstract

Waigieu Sea perch (*Psammoperca waigiensis*) is one of the most commercially and nutritionally important species. However little research has been done to explore the fish size, feeding rations on growth performance and immune responses of Waigieu Sea perch at juvenile stage. This paper derivers form an in depth study of the effect of feeding rate on growth performance and heamatological parameters. 198 fish of an average initial weight of $(17\pm0.01\ g$ and $8.5\pm0.01\ cm$) for group of small size and an average initial weight of $(20\pm0.21g\ and\ 11\pm0.2cm)$ for group of big size. Juvenile were collected from a luong son hatchery were stocked in 18 tanks $(20\ L)$ during 42 days. All fish were fed the same diets contained 44% crude protein at feeding rate of 3, 5 and 7% of body weight with three replicates per treatment fish were fed twice per day at 08:00 and 16: 0 hr. Results revealed that feeding rate tested did not influence survival and there was a significant differences in growth performance and heamotological parameters in both fish size with feeding rates at 5% (P<0.05). There was no significant difference (p>0.05) in whole body composition in all feeding trails. Nevertheless feeding rate of 5% of body weight daily can't be considered as the optimal feeding rate for Waigieu Sea perch further research should be done on different size and different feeding rate to enhance fish growth and heamatological parameters.

Keywords: Waigieu seaperch, Psammoperca waigiensis, fish size, feeding rate, growth rate, immune

Introduction

Waigieu sea perch (*Psammoperca waigiensis*) is a marine fish distributed along the coasts of tropical countries in the Asia-Pacific region (Le and Brown 2016, Le *et al.* 2011, Le *et al.* 2014a, Le *et al.* 2014b, Le and Pham 2017, Le and Pham 2018) [10, 11, 12, 13, 14, 15]. Several studies have shown that Waigieu Sea perch are potential candidates for aquaculture and they appear good candidates for a variety of production systems. Early attempts to raise sea perch have been in cages, ponds, and indoor as well as outdoor recirculation systems. However there are few guidelines available that would allow development of formal business plans or cash/flow evaluations.

Feed costs are commonly one of the highest annual variable costs in aquaculture (Salgado-Ismodes *et al.* 2020) ^[21]. Inadequate feed inputs results in slower growth, slower time to market, and may compromise the immune system, while overfeeding increases cost of production and degrades water quality. Quantifying the near optimal feed rate for new and emerging aquaculture species is an important piece of information. Without this value and associated rates of weight gain, business plans cannot be accurately developed, and development of continuous production scenarios would be challenging (Rupasinghe and Kennedy 2006) ^[20]. However, optimal feeding rates are not constant throughout the growing cycle of food fish. Optimal feed rates vary at each stage of growth (Marimuthu *et al.* 2011) ^[17]. Optimal feed rates are commonly highest at early ages and if those values are known, satiation feeding approaches can be tailored to daily and longer term changes in voluntary consumption, which should gradually decrease over the course of the growing period. The objective of this study was to evaluate the effects of fish size and feeding rates on growth performance and immune responses of Waigieu seaperch juveniles.

Materials and Methods

Ethics statement

Based on the National Regulations for the Use of Animals in Research in Vietnam: The Law of Animal Husbandry of Vietnam, 2018 and The Government Decree 32/2006/ND-CP on Management of Endangered, Precious, and rare Species of Wild Plants and Animals, experiments on waigieu seaperch are exempt from ethical approval requirements. However, the authors have implemented their best practice following the guidelines of using animals in research based on EU directive 2010/63.

Fish preparation

Fertilized eggs were collected via artificial reproduction. Eggs were incubated in 200-L fiberglass tanks. After hatching, larvae were transferred to cement tanks (5 m³). Larvae were fed a combination of enriched-rotifers and *Artemia* before transfer to a commercial diet. After 3 months, juveniles (17 – 20 g/fish) were collected and transported to the wet laboratory in Nha Trang University for the experiment. Juveniles were acclimated to experimental conditions for 1 week before the experiment. During acclimatization, fish were fed a commercial diet containing 44% protein and 10% lipid (C-5001, UP, Vietnam).

Experimental system

An indoor research trial was conducted in the wet laboratory of Nha Trang University, Vietnam over a period of 42 days. Juveniles were stocked in fiberglass tanks (200 L/tank) arranged in series with 3 replicates per treatment. All tanks were connected to recirculating water system. The water was exchanged 30% every day and 90% every week. Each tank had an air-diffuser to maintain oxygen at no less than 5.5 mg/L and a constant flow rate of 5 L/min.

Experimental design

Before the feeding experiment commenced, all fish were starved for 24 hours and anaesthetized with tricaine methanesulfonate (MS-222; Argent Chemical, Redmond, WA) and individually weighed. Two size classes of juveniles (17 and 20 g) were identified upon weighing, and each size class was randomly distributed into 18 tanks with 9 tanks/size at the density stocking of 11 fish per tank. Each feeding rate (3%, 5% or 7%) was assigned to three randomly positioned tanks in each size.

Temperature, dissolved oxygen and pH in the rearing water were measured daily. Total ammonia was monitored with the NH₃/NH₄⁺ test kit (Mars Fish Care, Chalfont, PA, USA), dissolved oxygen determined using the DO meter, pH, using a pH meter Q400A, and salinity measured by hand-held refractometer S/Mill-E (Atago Co., Tokyo, Japan). The fish were hand-fed twice daily at 8:00 and 16:00 for 6 weeks. After feeding, the uneaten feed was collected by siphoning. During the experiment, ammonia was less than 0.5 mg/L, pH ranged from 7.5-8.0, while the dissolved oxygen and water temperature were 6.5 ± 0.5 mg/L and 28 ± 0.7 °C, respectively.

Sample collection

At the end of the experiments, all fish were individually weighed. Before weighing, fish were starved for 24 hours and anaesthetized with tricaine methanesulfonate (MS-222; Argent Chemical, Redmond, WA). Three fish in each tank were used to remove muscle tissues for proximate

composition. Blood samples from three fish per tank were collected by puncturing their caudal vein using a syringe and transferred to BD Vacutainer (with K2E 5.4 mg, United Kingdom) for hematological analysis.

Proximate composition

Crude protein content was analyzed using Kjeltec Auto 1030 analyzer (Foss Tecator, Höganäs, Sweden), and crude lipid was extracted with petroleum ether extraction in a Soxhlet extraction system. Moisture was determined by drying at 105 °C (Thermotec 2000, Contherm Scientific, and Hutt, New Zealand). Ash was determined by combustion at 550 °C for 24 h in an electric furnace (Carbolite, Sheffield, UK).

Hematological analysis

Blood samples were drawn through caudal vein of each fish using a syringe rinsed with heparin from one fish in each tank (3 fish per treatment) and transferred to individual sterilized vials (at 4 $^{\circ}$ C) containing 10µL heparin, respectively. The analysis for white blood cells (WBC), red blood cells (RBC), hematocrit (Hct), hemoglobin (Hb), mean corpuscular volume (MCV), mean corpuscular hemoglobin (MCH), and mean corpuscular hemoglobin concentration (MCHC) was done on the Systemex, XT-1800i blood analyzer. Plasma triglycerides and plasma protein were analyzed on a 600 DxC General Chemistry Analyzer.

Calculation and statistical analysis

The following parameters in all tanks were calculated using the following equations:

Survival (%) = final fish number / initial fish number*100

Weight gain (WG g/fish) = final weight – initial weight

Specific Growth Rate (SGR %/day) = [(Ln FBW - Ln IBW)/feeding period (days)]*100

Feed Conversion Ratio (FCR) = $(g \text{ diet consumed}) / (g \text{ final biomass} - g \text{ initial biomass} + g \text{ dead fish})^{-1}$.

Protein Efficiency Ratio (PER) = $(BW_2 - BW_1^*)$ protein fed⁻¹)*100

Feed intake (FI) = Feed used - uneaten feed

Mean corpuscular volume (MCV) = Hematocrit/Red blood cell

Mean corpuscular hemoglobin concentration (MCHC) = Hemoglobin/Hematocrit

All data were expressed as mean \pm SD unless otherwise specified. In experimental 1, all data were analyzed by two-way ANOVA to determine the effects of fish size, feeding rate and the interaction between fish size and feeding rate on growth, feed utilization and proximate composition of Waigieu sea perch. To analyze the significant differences in feeding treatments, Duncan multiple comparison post hoc tests were employed using SPSS for Windows version 22 (IBM, New York, USA). The significant statistic was evaluated at P < 0.05.

Results

Growth and feed utilization

It is evident from (Table 1) there was no significant effect offish size on the final body weight of waigieu sea perch after 6 weeks of feeding (P>0.05). The FBW of waigieu sea perch was significantly affected by the feeding rate (P<0.05). However, there was no interaction effect of fish size and feeding rate on the FBW of fish (P>0.05). Fish fed with the feeding rate of 5%BW had significantly higher FBW compared with fish fed with 7%BWand 3% BW.

There were no significant effects of fish size on feed conversion ratio (FCR) (P > 0.05), but significantly effects on the feed intake (FI) and protein efficiency ratio (PER) (P < 0.05). The interactions between fish size and feeding rate also had no effects on the FI of waigieu sea perch (P > 0.05), but had effects on FCR and PER (P < 0.05). However, the feeding rate significantly affected FCR and PER of the fish (P < 0.05), but had no effect on the feed intake (P > 0.05), fish fed feeding rate of 3 and 7% BW had significantly higher

FCR than those fed 5% of feeding rate. Whereas, fish fed feeding rate of 5% BW had significantly higher PER than those fed 3 and 7% of feeding rates. The specific growth rate (SGR) and weight gain (WG) of weigieu sea perch was significantly affected by feeding rate and fish size (p<0.05) however there was no interaction effect of fish size and feeding rate on SGR and WG (p>0.05), the fish fed with the feeding rate of 5% BW had significantly higher SPR and WG than fish fed with 7% BW and 3% BW.

Table 1: Effects of fish size and feeding rate on growth and feed utilization of Waigieu Sea perch all fish readily accepted the experimental conditions and no fish died during the experiment period

	FW (g/fish)	SGR (%/day)	WG (g/fish)	FI (g/fish)	FCR	PER (%)
		Trea	atments			
SS3	26.88	1.09	9.77	19.37	1.97	1.15
SS5	33.11	1.59	16.11	23.45	1.46	1.56
SS7	29.67	1.32	12.67	23.04	1.82	1.25
BS3	29.44	0.92	9.44	17.92	1.90	1.20
BS5	33.78	1.25	13.78	20.66	1.50	1.52
BS7	31.89	1.11	11.89	22.88	1.94	1.18
Pooled SE						
		Means of ma	in effects of size			
SS	29.89	1.33 ^b	12.85	21.95	1.75	1.32
BS	31.70	1.09 ^a	11.70	20.49	1.78	1.30
		Mean of main ef	fects of feeding rat	e		
3	28.17 ^A	1.00 ^A	9.61 ^A	18.64	1.94 ^B	1.18 ^A
5	33.44 ^C	1.42 ^C	14.94 ^C	22.06	1.48 ^A	1.54 ^B
7	30.78 ^B	1.21 ^B	12.29 ^B	22.96	1.88 ^B	1.21 ^A
		Two-way Al	NOVA: P values			
Fish size	0.052	0.004	0.194	0.354	0.556	0.488
Feeding rate	0.001	0.001	0.001	0.087	0.000	0.000
Fish size × Feeding rate	0.630	0.573	0.601	0.783	0.273	0.347

Values are displayed as mean of triplicate groups. Means with different alphabets (a, b) within a column indicate the significant differences (P < 0.05) by means of the main effects of fish size. Means with different capital alphabets (A, B, C) within a column indicate the significant differences (P < 0.05) by means of the main effects of feeding rate. SS: small size; BS: big size

Proximate composition

Table 2 showed that there was the less significant effect of fish size on the crude protein of waigieu sea perch after 6 weeks of feeding (P<0.05). The CP of waigieu sea perch was also less significantly affected by the feeding rate (P<0.05). However, there was no interaction effect of fish size and feeding rate on the CP of fish (P>0.05). Fish fed with the feeding rate of 5%BW had significantly high CP compared with fish fed with 3% BW and 7% BW.

Crude lipid was significantly affected by fish size (P<0.05). There was no significant effect on feeding rate (P>0.05). However, interactions between fish size and feeding rate had higher significant effects on crude lipid (P<0.05). Fish fed with a feeding rate of 5%BW had significantly high CL

compared with fish fed with 3%BW and 7% BW.

There were no significant effects of fish size on moisture (P>0.05). Higher significant effect on feeding rate (p<0.05). However, interactions between fish size and feeding rate had no significant effects on moisture (P>0.05). Fish fed with a feeding rate of 3%BW had significantly high moisture compared with fish fed with 5%BWand 7% BW.

There was effect fish size on the ash of waigieu sea perch after 6 weeks of feeding period (P<0.05), but there were significantly effect on feeding rate (P>0.05). However, interactions between fish size and feeding rate had higher significant effects on ash (P<0.05). Fish fed with a feeding rate of 5%BW had significantly lower ash compared with fish fed with 3%BW and 7% BW.

Table 2: Effects of fish size and feeding rate on muscle composition throughout experimental period of 6 weeks of waigieu sea perch

	Crude protein (%)	Crude lipid (%)	Moisture (%)	Ash (%)		
	Treatments					
SS3	$17.8 \pm 3~0.46$	4.39 ± 0.56	75.74 ± 1.52	1.47 ± 0.11		
SS5	18.31 ± 0.62	4.01 ± 0.10	75.00 ± 1.18	1.59 ± 0.27		
SS7	17.70 ± 0.54	3.75 ± 0.40	72.95 ± 1.11	1.53 ± 0.21		
BS3	18.71 ± 1.12	4.09 ± 0.49	75.33 ± 1.19	1.73 ± 0.05		
BS5	18.80 ± 1.05	4.57 ± 0.67	73.58 ± 1.39	1.44 ± 0.10		
BS7	18.13 ± 1.09	4.55 ± 0.67	75.36 ± 1.84	1.66 ± 0.03		
	Means of main effects of size					
SS	17.95	0.41	74.57	1.53		
BS	18.55	0.40	74.76	1.61		
Mean of main effects of feeding rate						
3	18.27	4.24	75.54	1.60		
5	18.56	4.29	74.29	1.52		

7	17.92	4.16	74.15	1.60		
Two-way ANOVA: P values						
Fish size	0.165	0.235	0.774	0.308		
Feeding rate	0.455	0.914	0.208	0.600		
Fish size × Feeding rate	0.882	0.278	0.086	0.102		

Values are displayed as mean of triplicate group's \pm SD. SS: small size; BS: big size.

Physiological response

There was no significant effect on feeding rate of 5% and 7% on white blood cell (WBC) (P>0.05) whereas the high significant effect of feeding rate of 3% (P<0.05) (Table 3). Fish fed 5%BW had significantly higher WBC compared with fish fed with 7%BW and 3% BW. Red blood cell (RBC) and hemoglobin (HB) was significantly affected by the feeding rate of 5% (P<0.05). However, there was a significant effect on feeding rate of 3% and 7% (P<0.05). Fish fed with the feeding rate of 5%BW had significantly high RBC and HB than with fish fed with 3%BW and 7% BW.

There was effect feeding rate of 5% and 7% on hematocrit (Hct) (P<0.05). But there was significant effect of feeding rate of 3% (P<0.05). Fish fed with the feeding rate of 3% BW had significantly lower Hct compared with fish fed with 5% and 7% BW. The Fish fed with the feeding rate of 3% BW had no significantly of MCV, MCH and MCHC compared with fish fed with 7% and 5% BW. There were no significant effect on feeding rate of 5% on Platelet (P<0.05) whereas high significant effect of feeding rate of 3% and 7% (P<0.05). Fish fed with the feeding rate of 5% BW had significantly high platelet compared with fish fed with 7% BW and 3% BW.

The fish fed with a feeding rate of 5%BW had significantly high triglyceride compared with fish fed with 7% and 3%BW. There was no significant effect feeding rate of 5% and 7% on protein blood ($P{>}0.05$).But there was a significant effect of feeding rate of 3% ($P{<}0.05$). Fish fed with the feeding rate of 5%BW had significantly high protein blood than with fish fed with 7% and 3%BW.

Table 3: Effects of feeding rate on hematological parameters of Waigieu Sea perch under the subjection of different feeding rates in the experimental period of 6week under intensive system conditions

Parameters	3%	5%	7%
WBC (×10 ³ /mm ³)	6.77 ± 0.38^{a}	8.17 ± 0.32^{b}	7.70 ± 0.56^{b}
RBC (×10 ⁶ /mm ³)	2.27 ± 0.45^{a}	3.27 ± 0.35^{b}	2.63 ± 0.51^{a}
Hb (g/dL)	7.67 ± 0.55^{a}	9.23 ± 0.06^{b}	8.27 ± 0.42^{a}
Hct (%)	22.53 ± 0.81^{a}	26.70 ± 0.43^{c}	25.20 ± 0.56^{b}
MCV (FL)	102.71 ± 25.06	82.47 ± 10.40	97.90 ± 17.35
MCH (Pg)	35.11 ± 9.86	28.49 ± 3.09	32.03 ± 5.03
MCHC (g/dL)	34.00 ± 1.29	34.59 ± 0.67	32.82 ± 2.07
Platelet (×10 ⁹ /L)	24.00 ± 2.65^{a}	30.33 ± 2.08^{b}	25.33 ± 1.53^{a}
Triglyceride (mmol/L)	4.26 ± 0.27	5.56 ± 0.95	4.52 ± 0.61
Protein/blood (g/L)	38.03 ± 0.50^{a}	45.83 ± 0.83^{c}	41.03 ± 0.73^{b}

Values are displayed as mean of triplicate group's \pm SD. Means with different lowercase alphabets within a row are significantly different (P<0.05). WBC: white blood cell; Ht: Hematocrit, RBC: Red blood cell, Hb: Hemoglobin, MCV: Mean corpuscular volume, MCHC: Mean corpuscular hemoglobin concentration

Discussion

In the present study results leveled that feeding rate did not influence water quality for Waigieu seaperch growth. All parameters were in normal range and above feeding rate showed a significant effect on all growth performance parameters and feed efficiency indices (Table 1) indicated that waigieu sea perch fed 5% had significantly better growth in terms of FBW, WG, SGR than those fed with 3% and 7%. Similar results have been reported by (Deyab and Hussein

2015) ^[5], the feeding rate is the crucial factors for growth performance (Gaber 2006) ^[8].

There were significant difference in fish size (P<0.05) observed on specific growth rate (SGR) which were similar on feeding rates but differ in the interaction between fish size and feeding rate similarly results was reported by (Cunha *et al.* 2013) ^[3]. It has long been recognized that overfeeding is more dangerous than underfeeding. Feeding greater than optimum feed level would increase the waste of food, increase feed conversion ratio and also deteriorate water quality which will increase the fish price (Charles *et al.* 1984) ^[2].

FCR value in feeding rate of 5% was highly significantly different (P<0.05) from values obtained in the other treatments the values obtained are showed a high feed utilization which was expressed as good growth performance and reduce the waste food as well as good water quality. While there was no significant difference in FCR among the fish size (P>0.05). Whereas high value FCR obtained in 7% and 3% is the expression of increase the waste food and some level of water deterioration as well as lower growth performance. Similar results were reported by Deyab and Hussein (2015) [5]. Also, Channa striatus fed with 5% body weight presented greater growth (Marimuthu *et al.* 2011) [17]. In the present study, fed intake (IF) increase with increase feeding rates the high level of IF were recorded in the feeding rate of 7% while the lower values were recorded in feeding rate of 5% and 7% in all treatment groups (Table 1). There is sense in which increase of feed intake is proportion the growth performance. The result showed that PER in fish fed with 5% had higher values, than other feeding trials (Table 1), this results were in accordance with Berger and Halver (1987) [1]. Similar results have been reported in other fish species (Zhang et al. 2012) [23], in contrast to our study, Kikuchi (1999) [9] reported that PER values of olive flounder increased with increasing dietary protein levels. However, Dabrowski and Kozak (1979) [4] reported that the relationship between dietary protein and PER differs from species to species. Therefore, fish size, physiological state, feed ingredient, rearing practices and rearing condition also need to be taken into account because they play a pivots role on determination of the optimum feeding rate and growth performance (Luo et al. 2006) [16].

In this study, the results demonstrated that out of the parameters tested feeding rates causes significant differences in the levels of hematological parameters such as RBC and Hb, WBC, Hct, PLT and Protein/blood of different feeding rate; while cause no significant in the MCHC MCH and MCV. In the present study, the highest levels of WBC was noticed in the fish fed 5% than other feeding rates in accordance with Fazio *et al.* (2013) [7] reported that species with higher levels of WBC will be able to fight infection more effectively than other species.

In our study, the levels of RBC and Hb was the highest in fish fed 5% compared to other feeding treatment contrary to find that values of RBC, Hct and Hb increased with increasing fish size (Satheeshkumar *et al.* 2012) ^[22]. However, high RBC values were associated with fast movement, predaceous nature and high activity with streamlined bodies (Rambhaskar

and Srinivasa Rao 1987) [19]. Furthermore, the increased number of RBC is the sign of oxygen demand in the tropical region species to meet the higher oxygen requirement at higher metabolic rates (Eisler 1965) [6]. The higher level of Hb in the feeding rate of 5% is the expression of the ability of oxygen carrying capacity of blood and the level of erythropoietic status.

In the figures of above (Table 3), also present values of hematological indexes of erythrocyte constants MCV, MCH and MCHC, the higher value of MCV, MCH and MCHC was recorded in the fish fed with 3% followed by 7% and 5%, amount hemoglobin within correspondence of concentration of erythrocyte constants indicate a good physiological condition of waigieu sea perch. Moreover, erythrocyte constants levels consider an indication of anemia (Radu *et al.* 2009) [18]. In the present study, the high value of platelet was observed in fish fed with 5% compared with other feeding trials, an increase of the number of platelet in blood are implication of plasma in fish blood. The result reveal that protein blood and triglyceride concentrations were noticed in the fish feed with 5% than other feeding trials

The result from (Table 2) revealed that different feeding rate did not significantly affect waigieu seaperch body composition. Nearly the same number of protein were observed in the fish fed with 5and 7%body weight, while quite little difference was noticed in the fish fed with 3%body weight. The figure of protein concentration in the body composition expressed that different fed application in our study has the same effect on protein concentration. Whereas body moisture content of the fish feed with 3% body weight was higher than that fish fed at 5 and 7% body weight. Nevertheless, body lipid content of the fish fed at 5 and 7% body weight was almost nearly the same, but a little difference was noticed in the fish fed at 3% body weight which are the implication of lower lipid content in fed used in our study. For the body ash content of the fish fed at 3 and 7% body weight was the same, though fish fed at 5%body weight was less ash content than others. In the present study, it appears that the daily feed application rate of 5% body weight was near to optimum when the fish grew from 17 g to 33.11g for small size and 20g to 33.78g for big size and enhanced heamatological parameters. The results suggest that, although a feeding rate of 5% gave the highest growth performance, Waigieu Sea perch should be fed at the rate of 5% body weight per day, considering feed conversion efficiency and growth performance into account. In conclusion much attention should be paid on feeding

rates and strategies, as well as economic considerations, in order to optimize growth performance and heamatological parameters.

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