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Length -weight relationship, condition factor and some reproductive aspects of Nile tilapia (*Oreochromis niloticus*) in Lake Hayq, Ethiopia

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Abstract

The objectives of the study were to assess length-weight relationship, condition factor and reproductive potential of Nile tilapia (*Oreochromis niloticus*). Data (total length (TL), total weight (TW), sex ratio, maturity stages, fecundity and gonadosomatic index) were collected. The collected data were summarized using descriptive (percentage, graphs, tables) and Inferential (Chi-Square, Two Way ANOVA, Regression) statistics through application of SPSS 16 and R 3.31 Softwares. The length-weight relationship of both sexes was allometric. The FCF (Fulton Condition Factor) value was higher (1.85) for females than males (1.80). A total of 892 samples (339 female and 553 males) were collected during sampling period. There was significant deviation in sex ratio (Females: Males) from hypothetical 1:1 ratio (Chi-Square, $P < 0.05$). The mean fecundity was 217 eggs/ fish and it was positively correlated with TL, TW and gonad weight. The size at first sexual maturity (L_{50}) was 12.8 and 12.9 cm for females and males respectively. The gonadosomatic index was ranged from 0.3 - 0.7 and 1.3- 2.6 for males and females respectively. Nile tilapia breeding season was observed between February and April. The peak breeding season was observed in April. From the average weight (40 g) and L_{50} (nearly 13 cm for both sexes), we can conclude that Nile tilapia has stunt growth in Lake Hayq. Heavy fishing together with illegal fishing activities (narrow sized mesh size, < 8 cm, below the National standard), fishing during breeding season and breeding ground, destruction of breeding and feeding ground are the major problems of Lake Hayq that might contribute for stunt growth of Nile tilapia in the lake. Therefore, appropriate fishery management tools such as closing season and ground, mesh size regulation should be implemented for sustainable fishery utilization in Lake Hayq.

Keywords: Gonadosomatic index, length at first maturity, total length, total weight, sex ratio

Introduction

Fish is used as source of cheap protein source in most of African countries. Small-scale fisheries operating mostly in the developing countries accounts half of the total fish production globally. The contribution of inland catches in Africa covers about 25% of global inland catches [1] However, the production of fish has drastically decreased and catches per unit of effort (CPUE) have become low in natural water bodies [2] [3]. The major factors for reduction in production of fishes in Africa are, postharvest loss, illegal fishing and overfishing [4]. Nile tilapia fish species, one of the most important fish species in tropical and subtropical freshwater bodies in Africa are also faced many challenges, illegal fishing (overfishing, fishing during breeding season and ground, fishing with narrow sized mesh size and destruction habitat) [5].

Ethiopia has many lakes and rivers harboring more than 200 fish species [6]. The fish production potential is estimated to 94,500 tons per year in Ethiopia [7]. However, only 30-38% of this potential is currently used [8]. Though the contribution of fishery for GDP is insignificant, the sector is being used as means of livelihoods for many people involved from production to marketing. Artisanal freshwater fishery is one of the most important economic activities in Ethiopia [9]. Improvements in fishery sector would contribute to poverty alleviation and environmental sustainability in Ethiopia [10]

Nile tilapia (*Oreochromis niloticus*) contributes for more than 50% of the total landings in Ethiopia [7]. *Oreochromis niloticus* is widely found in Rift valley lakes such as Abaya, Chamo etc.

Highland Lakes such as Tana, Hayq, Ardibo etc. and rivers such as Baro, Abay etc. and it is the most preferred fish species in the country [11].

The exploitation of fish in Ethiopia is depending on the socio-economic factors, resource accessibility and religious causes on fish utilization that integrates into human diet [6]. Post-harvest loss, illegal fishing activities (fishing with narrow sized mesh size, fishing during breeding season and at breeding ground, application of poisonous plants), knowledge gap in fishery management, limited institutional, technical and financial capacity and low research and development capacities are the major challenges to fishes and fisheries in Ethiopia [8].

In fisheries, continuous data on length-weight relationship, size at first sexual maturity and condition factor are important for sustainable utilization of fish resources [12]. Information on Length-weight relationship, fish condition and Length at first maturity of fishes is very important to estimate minimum harvestable fish size, suitability of waterbodies for the fish and their trophic status [13].

Length weight relationship, size at first maturity and condition factor of *O. niloticus* have been reported from different water bodies of Ethiopia [14-20].

Oreochromis niloticus is one of the commercially important fish species in Lake Hayq. However, this fish species is experiencing stunt growth since 2010 due to illegal fishing activities (Mesh size <8 cm, fishing during breeding season

and breeding ground, fishing beyond the carrying capacity) and destruction of buffer zone of the lake (removal of macrophytes and sedimentation) [21, 18, 22, 23].

Though there are some research studies conducted on Lake Hayq's morphometry, water balance, water quality, plankton structure, current information on growth condition and reproductive biology of Nile tilapia is scarce. Therefore, this study was aimed to determine Length-weight relationship, condition factor and some reproductive potential (sex ratio, fecundity and size at first sexual maturity and breeding season) of Nile tilapia and recommend sustainable Nile tilapia fishery production in Lake Hayq.

Materials and Methods

Description of the study Area

The study was conducted in Lake Hayq. Lake Hayq is located in the North Central highlands of Ethiopia. It is a typical example of highland Lake of Ethiopia with volcanic origin. Geographically, it lies between 11° 3' N to 11° 18' N latitude and 39° 41' E to 39° 68' E longitude with an average elevation of 1911 meter above sea level. The lake has a closed drainage system and the total watershed area is about 77 km² of which 22.8 km² is occupied by Lake Hayq. The average depth of the lake is 37 m, and the maximum depth is 81 m. The only stream entering the lake is the Ankerkeha River, which flows into its southeastern corner [24]. Lake Hayq is classified as a small highland fresh water [25].

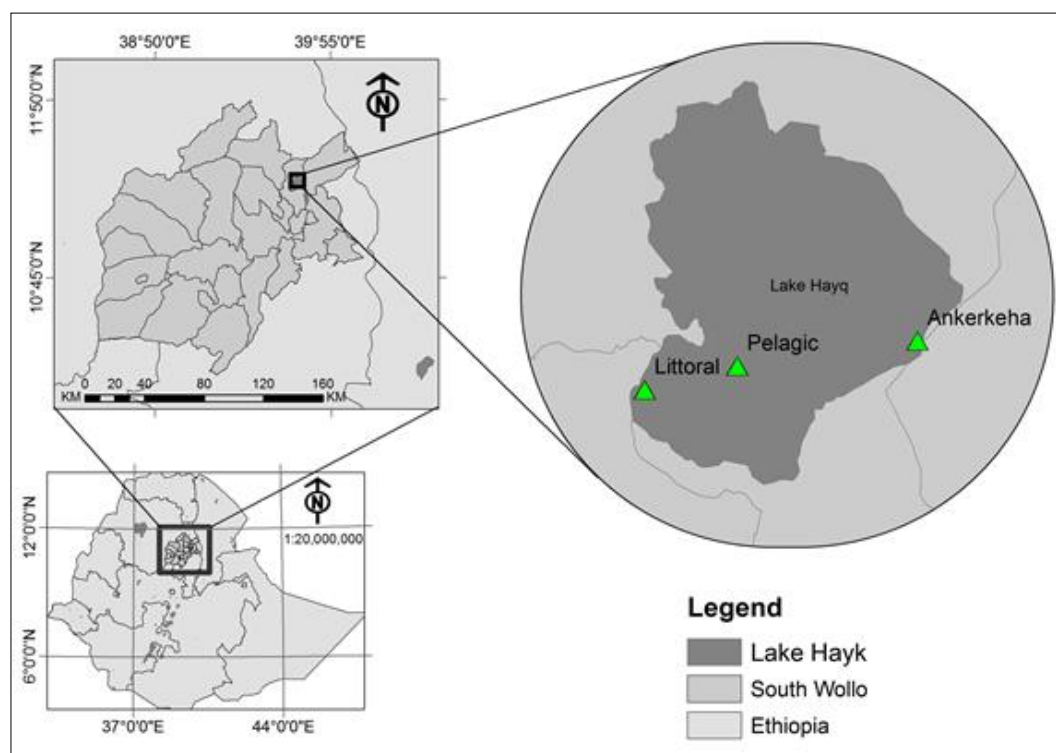


Fig 1: Location map of Lake Hayq with respect to Ethiopia and Amhara Regional State

Data collection and Laboratory analysis

Fish samples were collected monthly between January and December 2018 from January three sampling sites, the shore (Littoral zone), Open water (Pelagic) and River mouth (Ankerkeha) (Fig 1). Fish were captured by gill nets of 4, 6, 8, 10 and 13 cm stretched mesh size through setting the nets overnight in the lake and beach seines of 6 cm mesh size. Data such as length, weight, sex and maturity stages were collected in the field immediately after the fish were caught. Length-weight relationship was determined following [26].

Condition factor was also calculated using the formula indicated in [26]. Sex ratio was calculated using female to male ratio. The absolute fecundity (AF) of individual female *O. niloticus* was determined gravimetrically [27]. The relationship between absolute fecundity with Total length, Total weight and Gonad weight was determined using least squares regression. The breeding season of *O. niloticus* was determined from the percentages of fish with ripe gonads taken each month and from monthly GSI variations. The spawning periods *O. niloticus* was determined based on

monthly variations of the gonadosomatic index (GSI) and calculated using the formula indicated in [28]. Gonad maturity of each specimen was identified using five-point maturity scale [29]. Length at which 50% of both sexes reached maturity (L₅₀) were determined from the percentages of mature fish selected from peak breeding seasons (March -April) and fitted to the logistic equation described in [30].

Data analysis

Descriptive (frequency, percentages, and graphs) and Inferential (Chi-Square, Two Way ANOVA, Linear and Logistic Regressions) statistics were used to summarize the collected data through application of SPSS Software Package Version 16 and R 3.3.1 software

Results

Length-Weight relationship

The relationship between total length and total weight of *O. niloticus* was curvilinear, and as a result the line fitted to the data was described by the regression equation (Table 2). The “b” values of both female and male *O. niloticus* were significantly different from 3, allometric growth (Figure 2 and 3). The length-weight relationship of both male and female Nile tilapia was strongly correlated since the R² value of female (0.89) and male (0.85) close to 1 (Table 1)

Table 1: Length –Weight relationship of Male and Female Nile tilapia in Lake Hayq

Sex	Regression equation	R ²	n	Sig.
Female	TW=0.065TL ^{2.50}	0.888	339	0.001
Male	TW= 0.099TL ^{2.33}	0.854	553	0.001

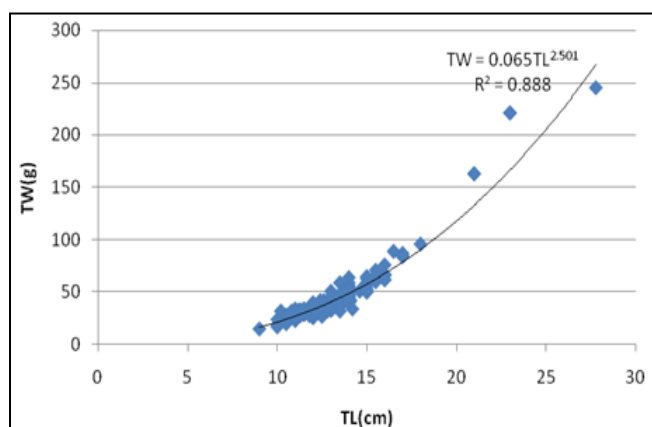


Fig 2: Length-Weight relationship of Female *O. niloticus* in Lake Hayq (N=339)

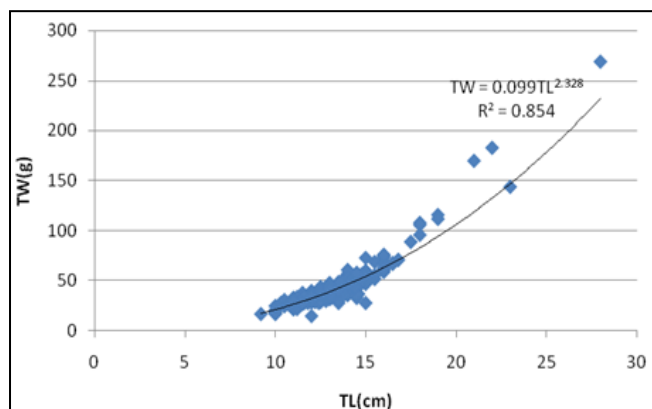


Fig 3: Length-Weight relationship of Male *O. niloticus* in Lake Hayq (N=553)

Fulton’s Condition Factor (FCF)

There was no significant difference in FCF between sexes in *O. niloticus* of Lake Hayq (ANOVA, *P* >0.05). However, Fulton’s conditions factor of females were slightly higher than males’ as shown in Table 2

Table 2: FCF (Fulton’s condition Factor) Nile tilapia

Sex	Mean FCF
Female	1.85
Male	1.80

Reproduction Biology of Nile tilapia in Lake Hayq

Sex ratio

From total number of 892 collected *O. niloticus* from Lake Hayq during the study period, 339 (38%) were females and 553(62%) were Males. Males were numerous than females. The Chi-square test showed that there was significant deviation between males and females’ numbers from 1:1 ratio in *O. niloticus* ($\chi^2 =79.5$, df=11, *p*<0.05) within sampling months.

Fecundity

Seventy fully mature *O. niloticus* with Total length (10.5-27.8 cm) and Total weight (22-245 g) were selected for fecundity study. From this analysis, the average absolute fecundity was 217 eggs per fish (Table 3). The absolute fecundity was positively correlated with total length, total weight and Gonad weight (ANOVA, *P*< 0.05). It is common to see very small sized Nile tilapia matured at total length (10.5 cm) and total body weight (40g) in Lake Hayq (Figure 4)

Table 3: Absolute fecundity (AF) of *O. niloticus*

Fish species	Range in TL (cm)	Range in TW (g)	Mean AF
<i>O. niloticus</i>	10.5-27.8	22-245	217



Fig 4: *Oreochromis niloticus* of Lake Hayq matured at 40gram body weight and 10.5 cm total length

Breeding Season

In Lake Hayq, both female and male Nile tilapia was fully matured between February and April when the water temperature is high and rainfall is available. More than 50% of the fish caught in April were matured. In the present study, fully matured Nile tilapia was recorded only in three months (February to April). The Gonadosomatic Index values of female and male Nile tilapia were highest in April and lowest in February (Figure 5). The highest Mean GSI value (2.6) was recorded for females in April and highest mean GSI value (0.7) was recorded in the same month, April for males.

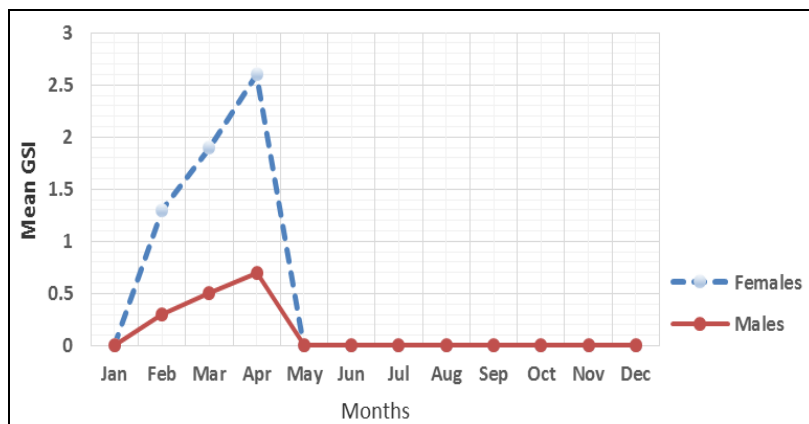


Fig 5: Mean GSI (Mean Gonadosomatic Index) of both female and male *O. niloticus* in Lake Hayq

Size at first maturity

Size at first maturity (L_{50}), is the size at which 50% of the fish get matured for the first time. *Oreochromis niloticus* fish

species matured almost at the same size, females (12.8 cm) and males (12.9 cm) in Lake Hayq as shown in Figure 6.

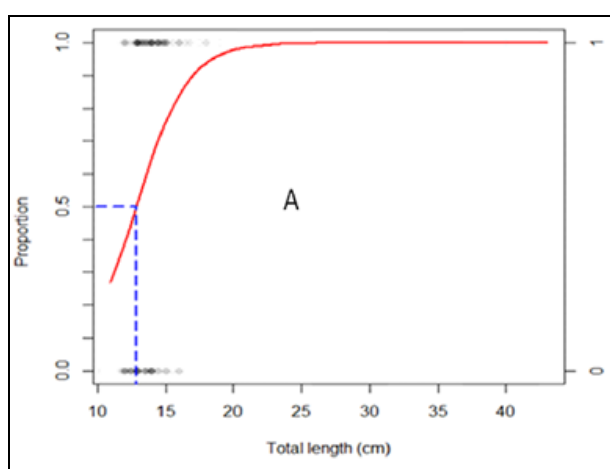


Fig 6(A)

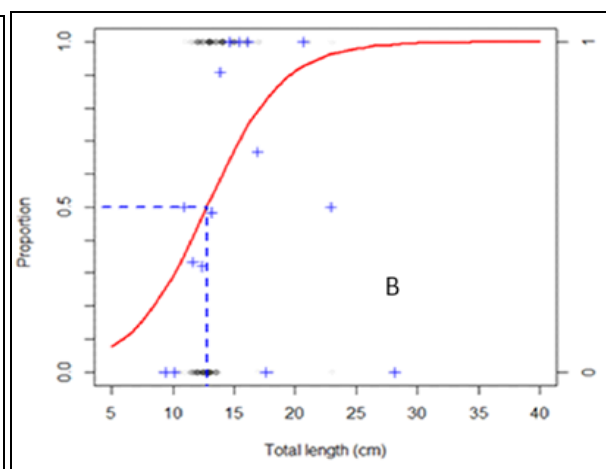


Fig 6(A)

Fig 6: Length at first sexual maturity (L_{50}) of Male (A) and Female (B) *O. niloticus* in Lake Hayq

Discussion

In the present study, the length-weight relationship of both male and female Nile tilapia was allometric. The result of the present study was similar to Lake Tana [15], Lake Victoria in Kenya [31], Lake Naivasha in Kenya [32], and Peele Reservoir in Burkina Faso [33]. However, it was different from the Lake Hayq [18], Gilgel Gibe Reservoir [34], Lake Hawassa [35], Lake Ziway [36], Baro River [37] and Lake Langano [19]. If length increases in equal proportions with body weight for constant specific gravity, fish are said to exhibit isometric growth. The slope for isometric growth is 3 and values significantly greater or lesser than 3 indicate allometric growth [28]. The slope 'b' is affected by stage of sexual maturity, nutritional adequacy of the diet and toxicology of the environment [27].

In the present study, the mean FCF of female and male were 1.85 and 1.80 respectively. These values were higher than Lake Langano (1.67, combined sexes) [36], Lake Langano (1.77, combined sexes) [19]. However, it was less than Lake Babogaya (1.97, females, 1.86, males) [17] and Lake Chamo (2.35, combined sexes) [38]. The variation in FCF of Nile tilapia in different lakes might be associated with quality of food, time and duration of breeding [39, 35]. Shortage of food during dry season and starvation due to breeding behavior (mouth brooding) in Nile tilapia during breeding season might reduce condition factor [40].

In the present study, males were more numerous than females and there was significant deviation in sex ratio (females: males) from expected 1:1 sex ratio (Chi-square, $P < 0.05$). This result was similar with Lake Tana [15] and Lake Victoria in Kenya [31]. However, it was different from Lake Hayq (Workiyi Worie and Abebe Getahun, 2014), Lake Babogaya [17] and Lake Langano [19]. These differences in number of females to males in different water bodies might be associated with fishing efficiency, sampling season and fish stock status [15, 17].

In the present study, the mean absolute fecundity of Nile tilapia in Lake Hayq was 217 eggs per fish. This value was higher than Golinga reservoir in Ghana (173 eggs per fish, mean) [41]. However, it was less than Lake Hayq (290-1287 eggs per fish) [18], Lake Tana (730 eggs per fish, Mean) [15] Lake Langano (464 eggs per fish, mean) [19] and Tekeze Reservoir (399-2129 eggs per fish) [20].

The intensity of reproduction in fish depends on mean number of eggs per fish and how often the eggs are laid by the fishes [42]. Female *O. niloticus* produces only a few hundreds of offspring in a single spawn but under favorable conditions they spawn frequently every 4 to 6 weeks [43]. Fecundity is very low in *O. niloticus* as they are mouth brooding (protect the young in the mouth cavity for several weeks till they are capable of leading independent life) that have limited space

available for rearing the young [44, 45]. Though, *O. niloticus* does not produce many progenies at each spawning, their offspring have very less risk of predation [46].

Fecundity of the same fish species may vary from one water bodies to another water bodies due to difference in environmental variables such as temperature and food that affect body size of the fish. Because body size of fishes has direct relation with fecundity [42, 47]. Fecundity, the mean number of eggs per brood is usually higher in young fish than older fishes and it increases directly with body weight and length [47]. Most species of tilapia breed continuously throughout the year during favorable environmental condition, higher temperature and rainfall [48, 49]. The peak breeding season of most tilapia species usually associated with higher water temperature, rainfall, phytoplankton and water rising water level in lakes [50]. The difference in fecundity of Nile tilapia is associated with environmental factors such as temperature, altitude and latitude and these factors vary from one location to the other [41]. The Lower fecundity value in Lake Hayq might be associated with stunt growth caused by fishing pressure. Because, fecundity has direct relation with body weight and total length [47].

The length at first sexual maturity of females and males Nile tilapia was 12.8 and 12.9 cm respectively which mature at almost the same size. This result was lower than the same Lake (14.5 for females and 15.5 cm for males) [18]. Tekeze Reservoir (15 for females and 14 cm for males) [20]. Lake Hawassa (17.8 for males and 14.1 cm for females) [51], Lake Chamo (42 cm, combined sex) [38], Fincha Reservoir (24.5 for males, 21.8 cm for females) [16], Lake Langano (16.4 for female and 15.8 for male) [19] and Lake Hawassa (20.8 for females and 20.3 for males) [52]. Heavy fishing, overfishing can alter population structure, impair growth and earlier maturation depended on selectivity of the fishery [53]. Illegal fishing activities, utilization of a greater number of narrow sized mesh size gillnet can cause lower L₅₀ values in Lakes as reported for Lake Victoria in Kenya [34, 31]. Fishing pressure or fishing intensity is one of the major factors for early maturation and stunt growth in *O. niloticus*. Because, they allocate much resource for reproduction than somatic body building in water bodies where there is fishing pressure [54]. The lowest L₅₀ values reported in the present study in Lake Hayq might be associated mainly with illegal fishing activities, fishing during breeding season, utilization of narrow mesh sized gillnet (<8 cm, below the standards) and fishing beyond the lake tilapia fish production potential (overfishing) that have been practiced in the lake.

In the present study, The GSI values were ranged from 1.3-2.6 and 0.3-0.7 for females and males Nile tilapia respectively. Both sexes begin maturity in March and more than 50% of the fish get matured in April. The present study result disagrees with the findings of [18] that have reported August to September and January to February as breeding season. However, we couldn't observe matured Nile tilapia during the aforementioned seasons. The difference in breeding season might be associated with fishing pressure, destruction of habitat and rainfall variability. The breeding seasons of Nile tilapia coincides with higher water temperature, rainfall availability and seasonal flooding that brings nutrients for phytoplankton, higher phytoplankton biomass [46, 14].

Conclusion and Recommendation

Nile tilapia, which was introduced in Lake Hayq in 1970s has

being used as commercial fish species. However, the fish species get stunt growth since 2010. The average weight (40 g) and L₅₀ (about 13 cm) of Nile tilapia indicate that Nile tilapia has stung growth. As the result, catch per unit effort of this species is very low. Consequently, most of the fishermen of Lake Hayq have changed profession or migrate to Arabian countries. The current stunt growth of Nile tilapia in lake Hayq might be associated mainly with illegal fishing activities, utilization of narrow sized gillnet (< 8 cm), fishing during breeding season and breeding ground, destruction of breeding and feeding ground. In addition to this, there was a heavy fishing activity in the lake for the las ten years. To minimize decline of the population of Nile tilapia and stung growth, fishery management tools such as mesh size regulation, gear restriction and closing season and ground should be properly implemented. Moreover, integrated aquaculture and other livelihoods means should be considered for sustainable utilization of Lake Hayq fishery

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