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## Detection and typing of *Blastocystis* spp. in oysters (*Crassostrea virginica*) collected in Actopan River, Chachalacas, Veracruz

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### Abstract

The main goal of this study was to determine the presence and *Blastocystis* spp subtype in oysters (*Crassostrea virginica*) collected at Actopan River, Veracruz. Three samplings were made during one year at the principal oyster collection areas. The oysters were dissected to obtain their gut, which was inoculated in *Blastocystis* spp. culture medium and incubated for seven days to analyze them by microscopy technique. Samples that were positive to *Blastocystis* spp. their DNA was extracted by PCR technique and amplified ITS1–5.8S–ITS2 region of 18S rDNA gen. The amplicons were sequenced and subsequently were typing using bioinformatic program. It was found that *C. virginica* show a high prevalence of *Blastocystis* spp., 67% were positive and it was determined that *Blastocystis* spp. subtype isolated from *C. virginica* was subtype 1 (ST1).

**Keywords:** *Blastocystis* spp, *Crassostrea virginica*, parasite, typing

### 1. Introduction

In México, oyster activity has significant role in country aquaculture production [8], because it is a food source of high nutritional value, employment generating industry, and economic and foreign exchange income [3]. However, mollusks collection is affected by anthropogenic disturbance that pollute natural environment with chemicals and fecal matter [10]. The oysters are filtered organisms that ingest into their guts organic matter what can be polluted with infection agents like: virus, bacteria, and parasites, so they can be potential pathogen reservoirs to human being, especially because oysters tend to be raw consumed, implying a risk to consumers [2]. Within protozoa parasites reported in *C. virginica* can be mentioned: *Nematopsis prytherchi* and *Perkinsus marinus* [1, 9]. However, *C. virginica* is candidate to be reservoir of *Blastocystis* spp. because is a worldwide parasite whose usual location is the human's digestive system, and of other animals, it is transmitted by water or polluted foods with fecal matter [4]. It is a facultative anaerobic unicellular protozoa, with retractile body and diameter between 4 a 15  $\mu\text{m}$ , and possess four vegetative forms: central body, granular, ameboid, and cyst [19]. It is known 17 subtypes of *Blastocystis* spp. depending on animal species that parasite, subtypes 1 to 9 are found in humans and some are share with other animals, meanwhile, subtypes 10 to 17, are reported in primates, rodents, birds, reptiles, and snakes [16]. Due to above, the main goal of this study is to determine the presence and subtype of *Blastocystis* spp. isolated in specimens of *C. virginica* collected in Actopan River mouth, Chachalacas, Veracruz.

### 2. Materials and Methods

#### 2.1 Samples collection

*C. virginica* samples were collected by autonomous diving at Actopan River mouth, Úrsulo Galván municipality, Chachalacas, Veracruz. The geographical area is in central zone of Veracruz State at coordinates 19° 24' LN and 96° 18' LW. Three samplings were made for one year; first one was in June 2016 obtaining 100 organisms with fisherman assistant; second sampling was made in February 2017 (100 organisms); and third sampling was made in October 2017 and were obtained 50 organisms. The oysters were processed and analyzed in the Microbiology and Molecular Biology Laboratory of Atención a la Salud Department from

UAM-Xochimilco.

## 2.2 Vegetative forms cultures to *Blastocystis* spp. identification

Oysters were dissected to obtain the gut from each specimen and introduced in test tubes with *Blastocystis* spp. culture medium, with NaCl solution at 0.85%, fetal bovine serum at 10%, and covered with one drop of mineral oil. Test tubes were incubated at 37°C for seven days.

## 2.3 Microscopical analysis

Each gut samples were examined by microscopy (20X and 40X), searching for distinct stages of *Blastocystis* spp. determining their abundance by direct counting with Neubauer chamber, and comparing with different reference images [11, 18, 19] to identified *Blastocystis* spp. correctly.

## 2.4 Microscopy data processing

With generated data was made a database in Excel 2017, and processed in Prism 6 program to obtain prevalence and abundance graphs.

## 2.5 *Blastocystis* spp. identification by PCR technique

To make parasite identification, was use method described by Villalobos [16], which consisting to amplified the ITS1-5.8S-ITS2 region of 18S rDNA gen using PCR with following primers: ITS\_Blas\_F (5'-GGA AGG TGA AGT CGT AAC AAG-3') and ITS\_Blas\_R (5'-CAG CAG GTC TTC TTR CTT GA-3'), which were amplified a fragment of ~550 to subtype 1, ~530 to subtype 2, ~620 to subtype 3, and ~590 pb to subtype 7. PCR mixing volume was of 20 µL and contain: dNTPs 1 mM, magnesium chloride 2 mM, 5X colorless GoTaq flexi buffer, bovine serum albumin  $1.5 \times 10^{-4}$  mM, ITS\_Blas\_F primer 0.5 mM, ITS\_Blas\_R primer 0.5 mM, 1 U of GoTag DNA polymerase and 50 µg of DNA sample. With BioRad thermocycler Mycycler, was made amplification with following conditions: initial denaturalization at 94° C for 30 seconds, later 35 cycles of denaturalization at 94° C for 30 seconds, annealing at 60°C for 45 seconds, extension at 72° C for 30 seconds and final extension at 72° C for 10 minutes. The amplicons were submitted to electrophoresis agarose gels at 1.2%, and after were purified with ExoSAP (New England de UK) kit and send to sequencing to Macrogen Korea.

## 2.6 *Blastocystis* spp. typing isolated of *C. virginica*

Obtained sequences were submitted to Blast search in database of National Center of Biotechnology Information). Subsequently, published sequences were downloaded in the Genbank of ITS1–5.8S–ITS2region from 18S rDNA gen to *Blastocystis* spp. subtypes 1, 2, 3, and 7, founded in humans [16], and with *Blastocystis* spp. sequences founded in *C. virginica*, were made multiple alignments using ClustalX program. Then, was used Seaview program to cut leftover sequences and with MEGA7 program was determined identity percentage, and *Blastocystis* spp. was typing whit rounding shape typing tree construction with maximum likelihood tree method.

The obtained sequences of *Blastocystis* spp. in *C. virginica* were entered to Genbank with MG921687 and MG921688 numbers.

## 3. Results

From microscopic analysis in *C. virginica* it was determined the prevalence for each sampling period. There was not

observed important variations between periods, because it was obtained a prevalence of 69% for first period, 60% for second and 74% for third (Fig. 1).

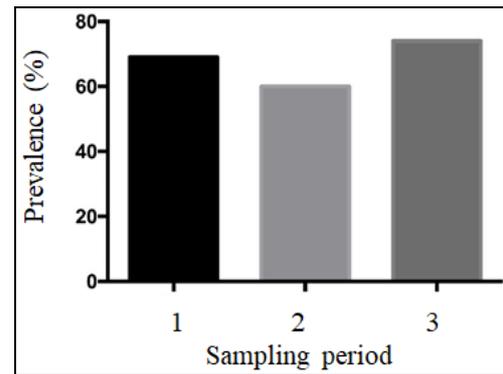


Fig 1: Prevalence of *Blastocystis* spp in *C. virginica* in Chachalacas Ursulo Galvan municipality, State of Veracruz.

Regarding to different stages abundance of *Blastocystis* spp in analyzed samples, only can observed the central body or vacuolar (Fig. 2).

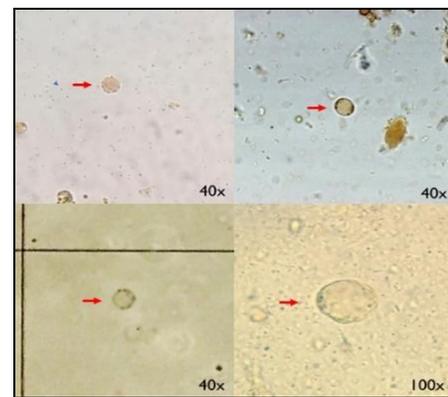


Fig 2: Central body or vacuolar of *Blastocystis* spp isolated from *C. virginica*

In first sampling it was observed a total of 342 central bodies, with a mean of  $5 \pm 1.7$  central bodies per analyzed sample. For second sampling, it was counted 281 central bodies with a mean value per sample of  $4.7 \pm 2.2$  and for third sampling only 50 samples were obtained, in which 147 central bodies were counted with a mean value of  $4.1 \pm 1.5$  per sample (Fig.3)

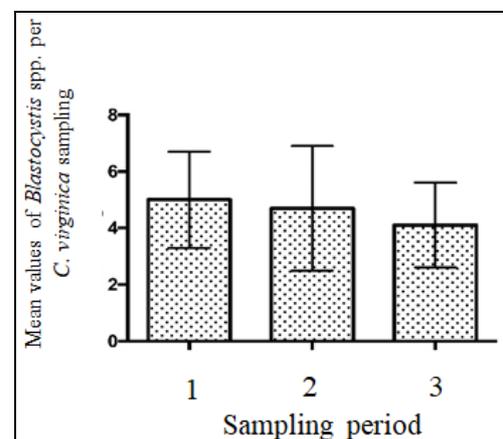
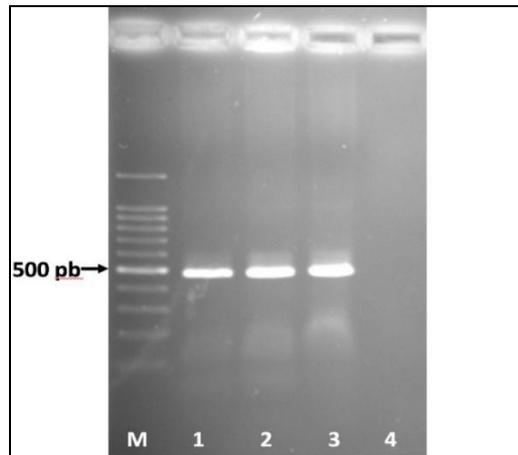


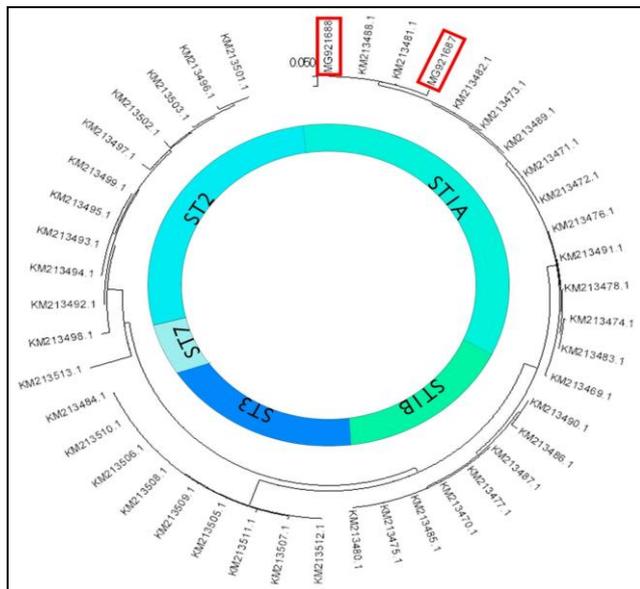
Fig 3: Mean values of *Blastocystis* spp abundance per sample of *C. virginica*

Amplification of ITS1–5.8S–ITS2 region of 18S rDNA gene with primers: ITS\_Blas\_F e ITS\_Blas\_R, allowed to obtain PCR products of ~550 bp, which correspond to expected size of amplicon for *Blastocystis* spp (Fig. 4).



**Fig 4:** Amplification of ITS1–5.8S–ITS2 region of 18S rDNA gene. Agarose gel at 1%. M) Molecular marker of 100-1000 bp 1) and 2) *C. virginica* digestive tube samples 3) Positive control 4) Reaction control

From phylogenetic analysis it was obtained a typing tree, which shown that *Blastocystis* spp. subtype isolated form *C. virginica* belong to 1A, as observed in red boxes (Fig. 5).



**Fig. 5:** *Blastocystis* spp. typing isolated from *C. virginica* from ITS1–5.8S–ITS2 region of 18S rDNA gene and archived in Genbank [16]

#### 4. Discussion

In River Actopan, located in Chachalacas, Veracruz there is a people community which are working on *C. virginica* collection. It is known that these areas are being affected by chemical and fecal matter contamination [12], moreover, Chachalacas beach is an area with a high tourism presence, where is common the sale and consumption of raw oyster, implicating a risk of *Blastocystis* spp. infection for their consumption.

In this work it was detected *Blastocystis* spp. parasite presence with a prevalence of 67%, which is similar to those

value reported in previous study [11] with a 77% prevalence. *Blastocystis* spp. prevalence can vary between seasons [13], but in *C. virginica* it was identified in more than 50% of collected organisms in all samples. This shows parasite presence in oysters between seasons and its prevalence is independently to environmental factors, so the principal variable that determines *Blastocystis* spp. presence in *C. virginica* is polluted water medium where oysters were collected. Several studies mention that in Veracruz coastline intertidal zones are crowded systems, because they provide environmental services of recreation and maintenance [6], but show polluted problems because water discharges produced by high touristic activity and coast line urban spot [10, 14].

In previous studies, it has been reported that *Blastocystis* spp. subtype that is most often founded in human being was ST1, followed by ST3 [14]. The obtained results in this study by typing technique determined that identified *Blastocystis* spp. bodies correspond ST1 subtype, so it can be deduced that its presence in oyster is due to continuous discharge of feces in River Actopan mouth [15]. Nevertheless, it has also been reported subtype 1 in cattle [7] and in Úrsulo Galvan municipality which have 15,941 hectares dedicated to cattle raising with 6,178 cattle heads [5], therefore generalized use of cattle raising and agriculture in this region associated to river margins, increase protozoa presence [17], so it can be considered, in general way, there is polluting waste poor handling that provides fecal matter from various sources [18].

All the above, it is required immediately an improvement in water discharge handling in River Actopan mouth in order to avoid a public health problem associated to consumption of mollusk bivalve.

#### 5. Conclusion

The recollected oysters (*C. virginica*) in Chachalacas, Veracruz zone are colonized with *Blastocystis* spp. subtype 1, which probably is due to animal and human fecal contamination that River Actopan shows but, it is important to generate actions against River Actopan pollution to eliminate *Blastocystis* spp. presence in *C. virginica*.

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